



**Look for the  
Wellness and You  
symbol to find your way  
to better nutrition.**



**Special Events**

Please join us in the cafeteria  
we are introducing a new five  
week menu

**Hours**

Monday - Sunday: 6:45am to 8:00pm  
Closed: 10:45 to 11:15  
Nights: 11:00pm to 12:30am

**Managers**

Director: Evelyn Vance x43015  
Retail/Catering Manager: Lee Almeida  
x43016  
Executive Chef: Ron Mahon x43018

Week 4



# NCH TREE TOP CAFE

Menu for the Week of Monday January 26

<b>MON</b>	Soup:	Tomato Soup   8oz	1.59
		Roasted Chicken & Pepper Soup 8oz	1.59
		Thick & Zesty Chili 8oz	1.79
	Entree:	Black Beans & Corn Sauce over Brown Rice	4.69
		Baked Herbed Pork Chop	3.99
	Late Night	Sesame Chicken with Broccoli	4.69
<b>TUE</b>	Soup:	Chicken Vegetable Soup with Orzo  8oz	1.59
		Beef Vegetable Soup  8oz	1.59
		Thick & Zesty Chili 8oz	1.79
	Entree:	Braised Beef Tips	3.99
		Basil Lemon Chicken Breast & Couscous	4.69
	Late Night	Baked Ziti with Vegetables	4.69
<b>WED</b>	Soup:	Homestyle Chicken Noodle Soup 8oz	1.59
		Split Pea with Ham Soup  8oz	1.59
		Thick & Zesty Chili 8oz	1.79
	Entree:	Diablo Basil Rotini & Summer Vegetables	3.99
		Grapefruit BBQ Baked Tilapia	4.69
	Late Night	Italian Meatballs with Pasta	4.69
<b>THU</b>	Soup:	Pasta E Fagioli Soup  8oz	1.59
		Cheese & Bacon Soup 8oz	1.59
		Thick & Zesty Chili 8oz	1.79
	Entree:	Roasted Turkey Breast	4.69
		Seafood Alfredo	3.99
	Late Night	Grilled Meatloaf	4.69
<b>FRI</b>	Soup:	Tomato Florentine   8oz	1.59
		Classic New England Clam Chowder 8oz	1.59
		Thick & Zesty Chili 8oz	1.79
	Entree:	Meat Lasagne	3.99
		Tilapia Florentine	4.69
	late Night	Cajun Pecan Chicken Breast	4.69
<b>SAT</b>	Soup:	Beef Noodle Soup 8oz	1.59
		Potato Bacon Soup 8oz	1.59
		Thick & Zesty Chili 8oz	1.79
	Entree:	Herb Crunch Chicken Breast	4.69
		Baked Macaroni & Cheese	3.99
	Late Night	Chicken Florentine	4.69
<b>SUN</b>	Soup:	Chicken Rice Soup  8oz	1.59
		Three Grain & Roast Vegetable Soup   8oz	1.59
		Thick & Zesty Chili 8oz	1.79
	Entree:	Beef & Broccoli Stir Fry	3.99
		Chicken Supreme	4.69
	Late Night	Tuscan Herb Cod	4.69

Vegan Vegetarian Mindful