

March Calendar Of Health



Repairing a Painful Rotator Cuff: Is It Possible?

March 27 • 3pm

Presented by Leon Mead, MD

Trianon Bonita Bay Hotel

3401 Bay Commons Drive, Bonita Springs

Call 624-3986 to reserve your seat

Now Open



NCH Healthcare
Bonita

24/7 Emergency Department

Two blocks south of Coconut Point Mall on US 41



NCHmd.org

FREE Seminars

Is It Time for Hip/Knee Replacement?

March 5, 2pm East Naples Branch Library

Call 775-5592 to reserve your seat.

Don't Fib to Your Heart

March 13, 2pm Naples Regional Branch Library

Call 252-5135 to reserve your seat.

Embrace Health

March 18, 2pm Headquarters Library

Call 593-0334 to reserve your seat.

Vertigo: Living with Imbalance

March 20, 2pm Vanderbilt Branch Library

Call 597-8444 to reserve your seat.

Addiction: The Mind/Body Connection

March 28, 2pm South Regional Branch Library

Call 252-7542 to reserve your seat.

Support Groups

Lung Disease Support Group:

First Friday of the month, 1:30pm, Growney Pulmonary Rehabilitation Center, 624-6800.

Lung Transplant Support Group:

First Wednesday of the month, 4pm, 1665 Medical Blvd., Growney Pulmonary Rehab Center, 624-6800.

Multiple Myeloma:

Third Thursday of the month, 6pm, Brookdale Center, Conference Room B, 293-4079.

Mended Hearts Group:

For meeting information, call 591-1148.

Ostomy Support Group:

Second Wednesday of the month, 5-6pm, Telford Building, 860-9463.

Donate Blood!

Stop by our center in Naples or visit us on the bloodmobile at a location convenient to you. Call 624-4120 for more information.

March 7, 9am-2pm

Marco Island Urgent Care Center
40 Heathwood Dr., Marco Island

March 11, 9am-3pm

Bloodmobile - Sunshine Plaza (near Skilletts)
9170 Bonita Beach Rd., Bonita Springs

March 16, noon-5pm

Regal Coconut Point Stadium 16
8021 Cinemas Way, Estero
Free movie ticket with successful donation.

March 30-31, 11am-5pm

Sembler Plaza - Corner Airport Rd. & Naples Blvd.,
Naples. Free movie ticket with successful donation.

Referrals & Information

For physician referrals and information on the services of the NCH Healthcare System call Access Healthline at 624-1999 or visit us online at www.NCHmd.org.

NCH Virtual Care

www.NCHmd.org/VirtualCare

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for only
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