

# May Calendar Of Health



## Happy Mother's Day

May 12 • 2019



### FREE Seminars

#### **Living Well with Diabetes**

**May 8, 2pm** Naples Regional Branch Library  
Call 252-5135 to reserve your seat.

#### **The Secrets to Living Longer**

**May 23, 2pm** South Regional Branch Library  
Call 252-7542 to reserve your seat.

### Support Groups

#### **Survivors & Friends Cancer Support Group:**

Tuesdays, 3-4pm., Brookdale Center for Healthy Aging, Conf. Room A, 624-4385.

**Amputee Support Program:** Second Thursday of the month, 3-4pm, Brookdale Center for Healthy Aging & Rehabilitation, Day Room, 624-5722.

#### **Arthritis Foundation - Live Yes! Support Group:**

Fourth Monday of the month, 6-7pm, Telford Building, 954-588-7145.

#### **Bosom Buddies Breast Cancer Support Group:**

Second and last Wednesdays of the month, 7pm, Telford Building, 417-4600.

#### **Caregiver: Advocacy, Resources, Education Society (C:ARES)**

Thursdays, 1pm, Brookdale Center for Healthy Aging & Rehabilitation, Conf. Room A, 624-1587.

#### **Lung Disease Support Group:**

First Friday of the month, 1:30pm, Growney Pulmonary Rehabilitation Center, 624-6800.

#### **Lung Transplant Support Group:**

First Wednesday of the month, 4pm, 1665 Medical Blvd., Growney Pulmonary Rehab Center, 624-6800.

### Donate Blood!

Stop by our center in Naples or visit us on the bloodmobile at a location convenient to you. Call 624-4120 for more information.

#### **May 2, 8:30am-12pm**

Marco Island Urgent Care Center  
40 Heathwood Dr., Marco Island

#### **May 11, noon-5pm**

Regal Coconut Point Stadium 16  
8021 Cinemas Way, Estero  
Free movie ticket with successful donation.

#### **May 13, 9am-1pm**

Bloodmobile - Sunshine Plaza (near Skilletts)  
9170 Bonita Beach Rd., Bonita Springs

#### **May 24-26, 11am-5pm**

Sembler Plaza - Corner Airport Rd. & Naples Blvd., Naples. Free movie ticket with successful donation.

### Referrals & Information

For physician referrals and information on the services of the NCH Healthcare System call Access Healthline at **624-1999** or visit us online at [www.NCHmd.org](http://www.NCHmd.org).

## NCH Virtual Care

[www.NCHmd.org/VirtualCare](http://www.NCHmd.org/VirtualCare)

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