

October Calendar Of Health



Coming Soon to Bonita/Estero



NCH Healthcare
Bonita

24/7 Emergency Department
Opening Late 2018

One block south of Coconut Point Mall on US 41

 Like us on Facebook

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FREE Seminar

Get the Facts on Carpal Tunnel

Oct. 8, 2pm Estates Branch Library
Call 455-8088 to reserve your seat.

Heel Pain All Around

Oct. 12, 2pm East Naples Branch Library
Call 775-5592 to reserve your seat.

Prostate Health

Oct. 15, 2pm Headquarters Regional Library
Call 593-0334 to reserve your seat.

Repairing a Painful Rotator Cuff

Oct. 17, 2pm Naples Regional Branch Library
Call 262-4130 to reserve your seat.

The Secrets to Living Longer

Oct. 25, 2pm South Regional Branch Library
Call 252-7542 to reserve your seat.

Support Groups

Epilepsy Support Group:

Second Wednesday of the month, 7pm, Brookdale Center for Healthy Aging & Rehabilitation, Conf. Room B, 348-5155.

Lung Disease Support Group:

First Friday of the month, 1:30pm, Growney Pulmonary Rehabilitation Center, 624-6800.

Lung Disease Caregivers Support Group:

First Thursday of the month, 4pm, 1665 Medical Blvd., Growney Pulmonary Rehab Center, 624-6800.

Lung Transplant Support Group:

First Wednesday of the month, 4pm, 1665 Medical Blvd., Growney Pulmonary Rehab Center, 624-6800.

Donate Blood!

Stop by our center in Naples or visit us on the bloodmobile at a location convenient to you. Call 624-4120 for more information.

Oct. 4, 8:30am-12noon

Marco Island Urgent Care Center
40 Heathwood Dr., Marco Island

Oct. 6, noon-5pm

Hollywood Theaters Coconut Point 16
8021 Cinemas Way, Estero
Free movie ticket with successful donation.

Oct. 8, 9am-3pm

Bloodmobile - Sunshine Plaza (near Skilletts)
9170 Bonita Beach Rd., Bonita Springs

Oct. 27-28, 11am-5pm

Sembler Plaza - Corner Airport Rd. & Naples Blvd.,
Naples. Free movie ticket with successful donation.

Referrals & Information

For physician referrals and information on the services of the NCH Healthcare System call Access Healthline at 624-1999 or visit us online at www.NCHmd.org.

NCH Virtual Care

www.NCHmd.org/VirtualCare



Consult with a healthcare provider
24/7
from
Anywhere
in Florida
for only
\$45